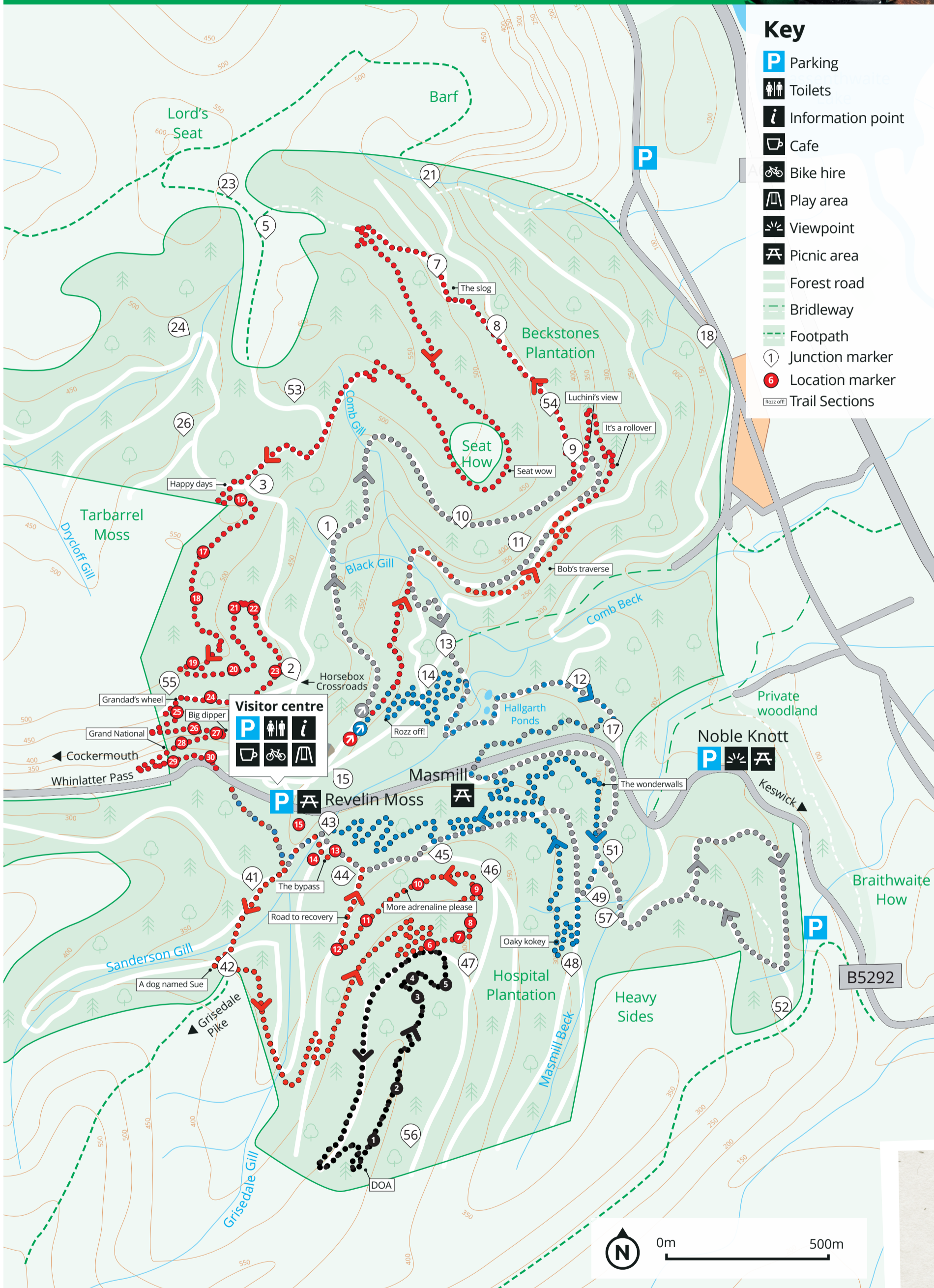


Whinlatter Forest MTB trails



Trail information

Quercus Trail

Grade: moderate: 7.5km (4.6miles)
Shorter option: 3.5km (2miles)

Start at Cyclewise

This trail is a gem waiting to be discovered. Expect flowing singletrack with gentle berms, rolling jumps and wide gradual climbs with technical features for the adventurous riders. Suitable for intermediate mountain bikers with basic off-road skills and reasonable fitness.

The Altura Trail North Loop

Grade: difficult: 10km (6miles)
Grade: Severe (optional features)

Start at Cyclewise

Waymarked, with 200 metres height gain of climbing. This is a singletrack trail with steep climbs, twisting turns and exhilarating descents involving berms, jumps and some technical black graded sections as an option.

The Altura Trail South Loop

Grade: Difficult 9km (5.5miles)
Grade: Severe (optional section)

Start opposite main entrance

Waymarked with a long, ambitious climb to the top of Hospital Fell Ridge. The descent now awaits you. Expect fast flowing singletrack with berms, jumps and natural features to challenge you.

Gorse Cycle Trail

Grade: Forest road
10km (6.2miles)

Start near Cyclewise

This trail is largely on well surfaced forest roads and is aimed at those with gravel bikes, hybrid bikes, electric MTB bikes and MTB bikes. There are many long gradual climbs and descents where a good standard of fitness and low gear ratios is beneficial. The route goes through the best parts of Whinlatter with stunning vistas across the Lake District and exploring the quieter corners of Whinlatter at Noble Knott.

Finding your way

Please follow the waymarkers to find your way around the forest. Look out for any warning signs. The Altura trail North Loop has optional black graded trail features. The Altura Trail south loop has an optional black graded trail section.

Is this cycling trail for you?

Green Easy	<p>Suitable for: Riders in good health with moderate off-road riding skills. Basic mountain bikes.</p> <p>Trail: Some 'singletrack' sections and small obstacles of root and rock.</p>
Blue Moderate	<p>Suitable for: Proficient mountain bikers with good off-road riding skills & fitness. Good mountain bikes.</p> <p>Trail: Challenging climbs, tricky descents & technical features such as drop-offs & large rocks.</p>
Red Difficult	<p>Suitable for: Expert mountain bikers with high level of fitness. Quality off-road mountain bikes.</p> <p>Trail: Greater challenge & difficulty. Expect large & unavoidable features.</p>
Orange Extreme	<p>Suitable for: Cyclists in good health. Map reading useful (routes not always marked). Most bikes.</p> <p>Trail: Gradients can vary. Surfaces may be uneven or potholed in places. Look out for vehicles & other users.</p>

